

Road Tripping in the Age of COVID-19: A Comprehensive Guide to Staying Safe and Sane

In the wake of COVID-19, many Americans are turning to road trips as a way to get away and explore their country. With its wide-open spaces and countless attractions, the United States is a great place to hit the open road.



American Vector: Road Tripping in the Age of Covid - Volume 2 (American Vector - Road Tripping in the Age of Covid - 4 Volumes) by Jeff E. Jared

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However, road tripping in the age of COVID-19 requires some extra planning and preparation. In this guide, we'll provide you with everything you need to know to plan a safe and enjoyable road trip, including:

- How to stay healthy on the road
- Where to find affordable lodging

- How to make the most of your time on the open road

How to Stay Healthy on the Road

The most important thing to remember when road tripping during a pandemic is to stay healthy. Here are a few tips to help you do just that:

- **Wash your hands frequently.** Use soap and water or hand sanitizer to wash your hands regularly, especially after touching surfaces that may be contaminated with the virus.
- **Wear a mask.** When you're in public places, wear a mask to help prevent the spread of the virus.
- **Avoid large crowds.** If you're planning to visit a popular tourist destination, try to go during off-peak hours or avoid it altogether. You can also wear a mask, or even stay home if you're able to.
- **Get plenty of rest.** When you're on a road trip, it's important to get plenty of rest. This will help you stay alert and focused while driving.
- **Eat healthy foods.** Eating healthy foods will help you stay energized and healthy on the road. Pack healthy snacks and meals, or look for healthy options at restaurants.

Where to Find Affordable Lodging

One of the biggest challenges of road tripping is finding affordable lodging. Here are a few tips to help you save money on your accommodations:

- **Camp.** Camping is a great way to save money on lodging, and there are campgrounds all over the country. You can find campgrounds in national parks, state parks, and even private campgrounds.

- **Stay in hostels.** Hostels are a great option for budget-minded travelers. Hostels offer dorm-style accommodations, which can be shared with other travelers.
- **Look for discounts.** Many hotels and motels offer discounts for AAA members, seniors, and military personnel. Be sure to ask about discounts when you're booking your accommodations.
- **Travel during the off-season.** If you're flexible with your travel dates, you can often save money by traveling during the off-season.

How to Make the Most of Your Time on the Open Road

Road tripping is a great way to see the country and experience all that it has to offer. Here are a few tips to help you make the most of your time on the open road:

- **Plan your route.** Before you hit the road, take some time to plan your route. This will help you avoid getting lost or wasting time backtracking.
- **Make stops along the way.** Don't just drive from point A to point B. Make stops along the way to explore interesting places and see the sights.
- **Take breaks.** It's important to take breaks while you're driving, especially if you're driving for long periods of time. Get out of your car and stretch your legs, or stop at a rest stop for a snack or a nap.
- **Enjoy the journey.** Road tripping is about more than just getting to your destination. It's about enjoying the journey itself. So relax, take your time, and enjoy the scenery.

Road tripping in the age of COVID-19 requires some extra planning and preparation, but it's still a great way to see the country and experience all that it has to offer. By following these tips, you can stay healthy, save money, and make the most of your time on the open road.

So what are you waiting for? Hit the road and start exploring!



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