

# Revision Total Ankle Replacement: An Issue of Clinics in Podiatric Medicine and Surgery

Revision total ankle replacement (TAR) is a complex and challenging procedure. In the United States, the incidence of TAR is increasing, and it is estimated that nearly 20,000 TARs will be performed in 2019. The majority of these procedures are performed in patients with end-stage ankle osteoarthritis. While TAR can be a successful procedure, it is important to be aware of the potential complications that can occur. Revision TAR is one of the most common complications associated with TAR, and it is estimated that up to 10% of patients will require a revision procedure within 10 years of their initial TAR.



## Revision Total Ankle Replacement, An Issue of Clinics in Podiatric Medicine and Surgery (The Clinics: Orthopedics Book 30) by Thomas S. Roukis

★★★★★ 5 out of 5

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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 291 pages



## Causes of Revision Total Ankle Replacement

There are a number of factors that can contribute to the need for revision TAR. These factors include:

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- Infection

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- Aseptic loosening

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- Component failure

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- Instability

\*

- Pain

## **Symptoms of Revision Total Ankle Replacement**

The symptoms of revision TAR can vary depending on the underlying cause. However, some of the most common symptoms include:

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- Pain

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- Swelling

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- Instability

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- Drainage from the incision

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- Fever

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- Chills

## **Diagnosis of Revision Total Ankle Replacement**

The diagnosis of revision TAR is based on a physical examination and a review of the patient's medical history. The doctor will also order imaging tests, such as an X-ray or MRI, to confirm the diagnosis.

## **Treatment of Revision Total Ankle Replacement**

The treatment of revision TAR depends on the underlying cause. In some cases, the doctor may be able to treat the problem with antibiotics or other medications. In other cases, surgery may be necessary to replace the damaged components or to address the underlying cause of the problem.

## **Prevention of Revision Total Ankle Replacement**

There is no sure way to prevent revision TAR, but there are a number of things that patients can do to reduce their risk of developing this

complication. These include:

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- Following the doctor's instructions after surgery

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- Keeping the incision clean and dry

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- Taking antibiotics as prescribed

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- Avoiding activities that put stress on the ankle

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- Losing weight if overweight or obese

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- Quitting smoking

Revision TAR is a complex and challenging procedure, but it can be successful in alleviating pain and restoring function to the ankle. Patients who are considering revision TAR should be aware of the potential risks and benefits of the procedure. They should also discuss their individual risks and benefits with their doctor before making a decision.



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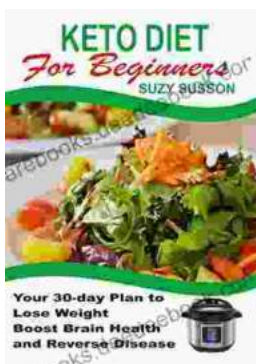
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