

Choose Who You Work With: Reclaim Your Energy and Lead with Authenticity

In today's fast-paced business world, it's more important than ever to surround yourself with people who inspire, motivate, and support you. The people you choose to work with have a profound impact on your energy levels, productivity, and overall well-being. When you choose to work with people who align with your values and goals, you create a powerful and positive environment that can help you achieve your full potential.

The Power of Positive Relationships

Have you ever worked with someone who always seemed to drain your energy? Or someone who was constantly negative and critical? If so, you know how important it is to surround yourself with positive people. Positive relationships can boost your mood, increase your productivity, and make work more enjoyable. On the other hand, negative relationships can sap your energy, decrease your motivation, and make work feel like a chore.



The Right Clients: Choose who you work with, reclaim your energy and lead with authenticity by Chet Morjaria

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When you choose to work with positive people, you're more likely to feel happy, energized, and motivated. Positive people tend to be more optimistic, supportive, and helpful. They're also more likely to be team players and go the extra mile. As a result, working with positive people can create a more positive and productive work environment for everyone.

The Importance of Shared Values

In addition to choosing positive people to work with, it's also important to choose people who share your values. Values are the beliefs and principles that guide our behavior. When we work with people who share our values, we're more likely to be on the same page about what's important. This can lead to better communication, collaboration, and decision-making.

For example, if you value honesty and integrity, you're more likely to be successful working with someone who also values these traits. You'll be able to trust each other and have open and honest communication. This can lead to a more productive and rewarding working relationship.

The Benefits of Authenticity

When you choose to work with people who inspire and motivate you, you're more likely to be authentic yourself. Authenticity means being true to yourself and your values. It means not trying to be someone you're not. When you're authentic, you're more likely to be creative, innovative, and effective. You're also more likely to be respected and admired by others.

Leading with authenticity means being yourself and not being afraid to show your true colors. It means being honest about your strengths and weaknesses. It also means being open to feedback and criticism. When you lead with authenticity, you create a more positive and inclusive work environment for everyone.

How to Choose the Right People to Work With

Choosing the right people to work with is not always easy. But there are a few things you can do to increase your chances of success:

1. **Start by getting to know yourself.** What are your values? What are your goals? What kind of people do you enjoy working with?
2. **Network with people in your field.** Attend industry events and meetups. Get involved in online communities. This is a great way to meet potential collaborators and partners.
3. **Interview potential candidates carefully.** Ask questions about their values, goals, and work style. Make sure they're a good fit for your team and your company culture.
4. **Trust your gut.** If something doesn't feel right about a potential candidate, don't ignore it. It's better to pass on a candidate than to hire someone who's not a good fit.

Choosing who you work with is one of the most important decisions you can make. The people you choose to work with have a profound impact on your energy levels, productivity, and overall well-being. When you choose to work with positive people who share your values and goals, you create a powerful and positive environment that can help you achieve your full potential.

So take the time to choose your coworkers and partners wisely. Invest in relationships that are positive, supportive, and authentic. And watch your career and your life soar to new heights.



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