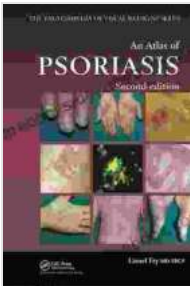


Atlas of Psoriasis: An Encyclopedia of Visual Medicine



Atlas of Psoriasis (Encyclopedia of Visual Medicine Series Book 77) by Lionel Fry

★★★★★ 5 out of 5

Language : English
File size : 9868 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 108 pages



Psoriasis is a common, chronic skin disease that affects millions of people worldwide. It is an autoimmune disease, which means that the body's immune system attacks its own tissues. Psoriasis causes red, scaly patches of skin to form on the elbows, knees, scalp, and other parts of the body.

There is no cure for psoriasis, but there are a variety of treatments that can help to control the symptoms. These treatments include topical medications, oral medications, and light therapy.

The *Atlas of Psoriasis* is a comprehensive guide to the diagnosis and treatment of psoriasis. The book contains over 77 full-color illustrations of psoriasis lesions, as well as detailed descriptions of the different types of psoriasis and their treatment options.

The *Atlas of Psoriasis* is an essential resource for dermatologists, primary care physicians, and other healthcare professionals who treat patients with psoriasis. The book is also a valuable resource for patients and their families, who want to learn more about psoriasis and how to manage the condition.

What is Psoriasis?

Psoriasis is a chronic, autoimmune skin disease that causes red, scaly patches of skin to form on the elbows, knees, scalp, and other parts of the body. Psoriasis is not contagious, but it can be embarrassing and uncomfortable.

Psoriasis is caused by an overactive immune system. The immune system is responsible for fighting off infection, but in people with psoriasis, the immune system mistakenly attacks the skin cells. This causes the skin cells to grow too quickly and form thick, scaly patches.

There are many different types of psoriasis, but the most common type is plaque psoriasis. Plaque psoriasis causes red, raised patches of skin covered with silvery scales. Other types of psoriasis include guttate psoriasis, inverse psoriasis, and pustular psoriasis.

Symptoms of Psoriasis

The symptoms of psoriasis can vary depending on the type of psoriasis. However, some of the most common symptoms include:

- Red, scaly patches of skin
- Dry, cracked skin

- Itching
- Burning
- Pain

Psoriasis can also affect the nails, causing them to become thick, pitted, and discolored. In some cases, psoriasis can also cause joint pain and swelling.

Diagnosis of Psoriasis

Psoriasis is usually diagnosed based on the appearance of the skin. However, a biopsy may be necessary to confirm the diagnosis. A biopsy is a procedure in which a small sample of skin is removed and examined under a microscope.

Treatment of Psoriasis

There is no cure for psoriasis, but there are a variety of treatments that can help to control the symptoms. These treatments include:

- Topical medications
- Oral medications
- Light therapy
- Biologic therapy

Topical medications are applied directly to the skin. These medications can help to reduce inflammation and itching. Oral medications are taken by mouth. These medications can help to suppress the immune system and reduce the severity of psoriasis. Light therapy involves exposing the skin to

ultraviolet light. This can help to reduce inflammation and slow the growth of skin cells. Biologic therapy is a type of medication that targets specific parts of the immune system. These medications can help to reduce inflammation and prevent psoriasis from worsening.

Living with Psoriasis

Psoriasis can be a challenging condition to live with, but there are a number of things that you can do to manage the symptoms and improve your quality of life. These include:

- Moisturizing your skin regularly
- Avoiding triggers that worsen your psoriasis
- Managing stress
- Getting regular exercise
- Eating a healthy diet

If you have psoriasis, it is important to see a dermatologist regularly to monitor your condition and adjust your treatment plan as needed.

The Atlas of Psoriasis

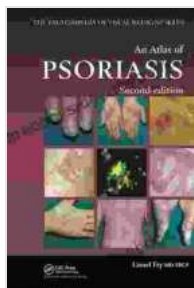
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The *Atlas of Psoriasis* is available in both print and electronic formats. The print version of the book is available from Amazon and other online retailers. The electronic version of the book is available from the publisher's website.

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